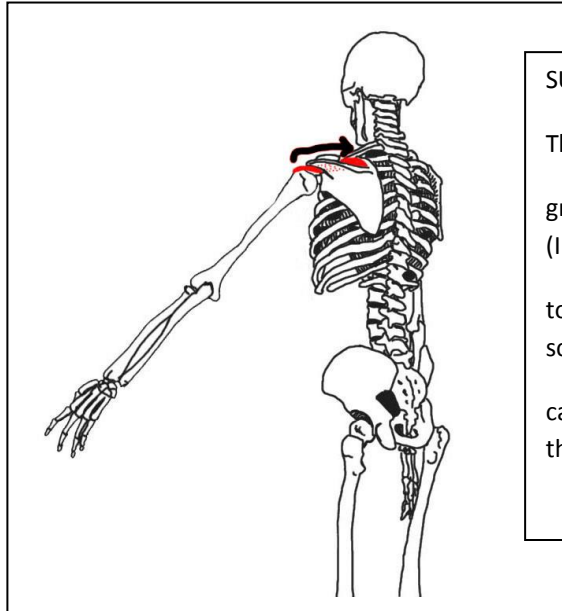
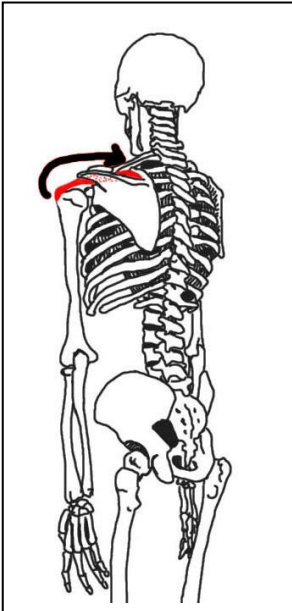


**TERES MAJOR**

The teres major muscle pulls the  
intertubercular sulcus of the humerus  
(INSERTION)

towards the inferior angle of the scapula  
(ORIGIN)

causing extension of the upper limb at the  
shoulder (ACTION)

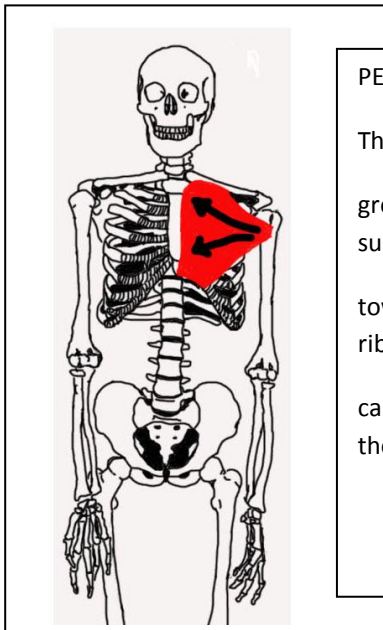
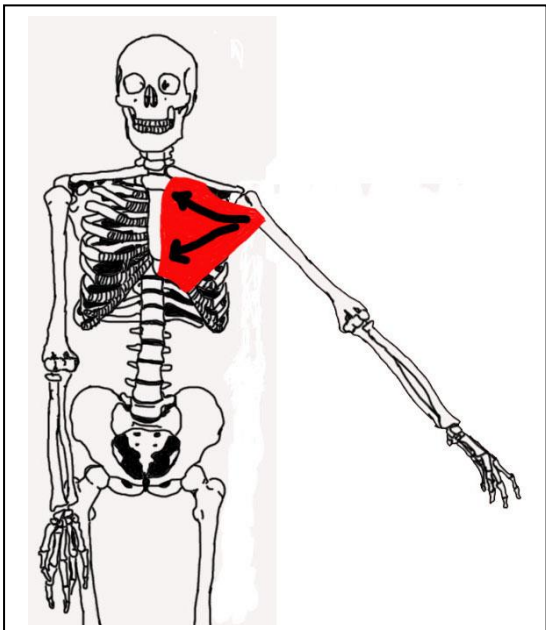


**SUPRASPINATUS**

The supraspinatus muscle pulls the  
greater tubercle of the humerus  
(INSERTION)

towards the supraspinous fossa of the  
scapula (ORIGIN)

causing abduction of the upper limb at  
the shoulder (ACTION)



**PECTORALIS MAJOR**

The pectoralis major muscle pulls the  
greater tubercle and intertubercular  
sulcus of the humerus (INSERTION)

towards the clavicle, sternum and  
ribcage (ORIGIN)

causing adduction of the upper limb at  
the shoulder (ACTION)