

Foot – superior view

- tarsals
 - calcaneus
 - talus
 - navicular
- metatarsals
 - base
 - shaft
 - head
- phalanges
- intertarsal joints
- tarsometatarsal joints
- metatarsophalangeal joints
- interphalangeal joints



Foot – inferior view

- tarsals
 - calcaneus
 - talus
 - navicular
- metatarsals
 - base
 - shaft
 - head
- phalanges
- intertarsal joints
- tarsometatarsal joints
- metatarsophalangeal joints
- interphalangeal joints



Foot – lateral view

- tarsals
 - calcaneus
 - talus
 - navicular
- metatarsals
 - base
 - shaft
 - head
- phalanges
- intertarsal joints
- tarsometatarsal joints
- metatarsophalangeal joints
- interphalangeal joints

